

# Healthy Families Indiana

# Annual Report 2003

"Indiana views children and families as the highest priority."



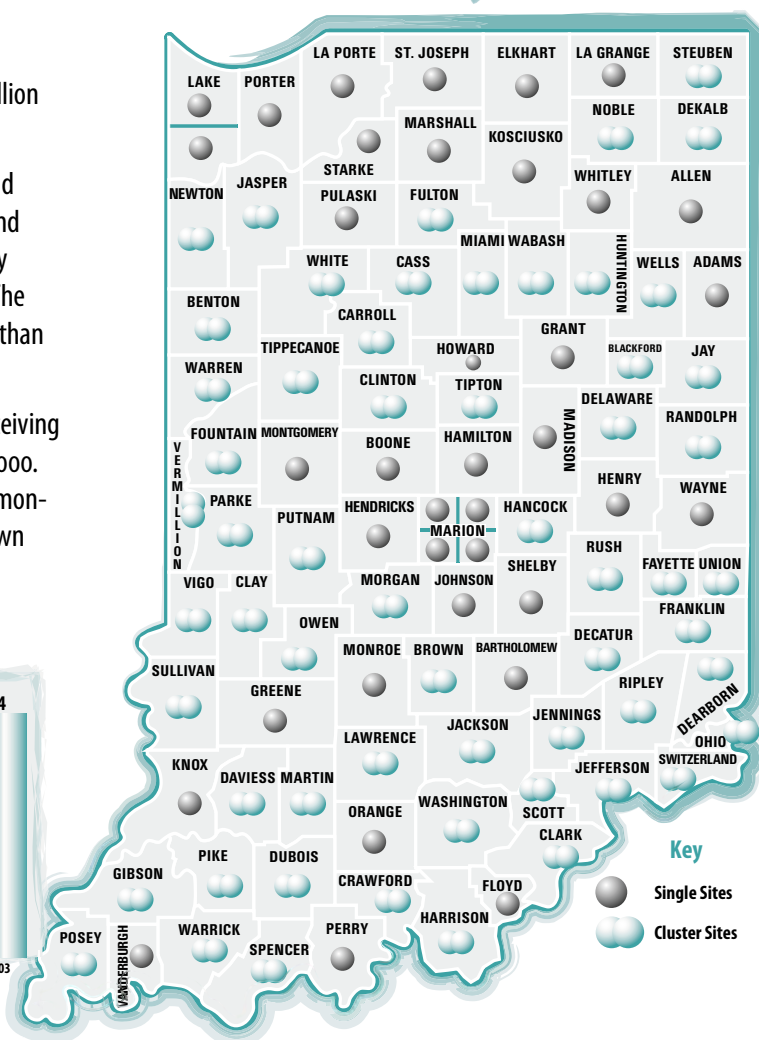
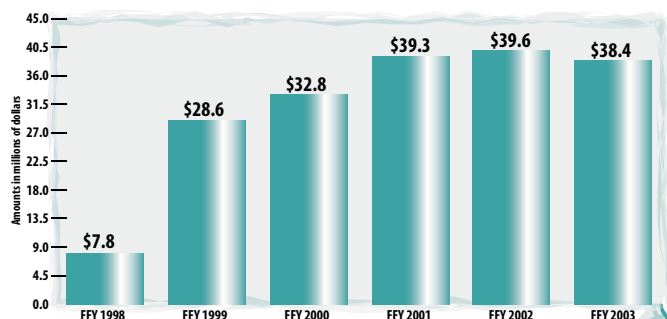
## Home Visitors Program

Indiana has 92 counties with a population of more than six million residents.

Healthy Families Indiana (HFI) grant awards from the Family and Social Services Administration (FSSA) reflect the urban, rural and population characteristics of each county. Currently, 37 Healthy Families Indiana sites are funded as single county providers. The remaining counties are funded as "cluster sites" serving more than one county (See map at right).

Typically, budgets for HFI sites range from a small program receiving \$160,000 to the largest program in the state receiving \$4,000,000. The Expansion of Healthy Families (See chart below) clearly demonstrates how support and the mission of the program have grown since its inception in 1994.

## Expansion of Healthy Families



## How are the Numbers Gathered?

All local Healthy Families Indiana sites use an electronic data collection system developed specifically for Indiana by Datatude, Inc. This system collects and reports an extensive array of client data and staff activity at each local site while maintaining strict confidentiality for each family. Information is then sent to a secure central location, where statewide reports are generated. Integrated into the HFI billing system is the

newly implemented monthly electronic transfer of client-specific claims to the FSSA Claims Management System. The data collection system has provided cost savings, as well as, time, paper and error reduction. Increased efficiency and additional cost savings will result as the program moves to approved web-based technology. This technology will provide online real-time access for both the local sites and state stakeholders.

## A Letter from the Secretary of FSSA

In 1993, during my first tenure as Secretary of the Family and Social Services Administration, I enthusiastically supported the original start-up investment in Healthy Families Indiana. Now in 2004, in my second tenure as Secretary of FSSA, I was privileged to celebrate the 10 year anniversary of Healthy Families Indiana with Governor Joe Kernan and hundreds of dedicated workers.

Healthy Families helps stop the cycle of child abuse and neglect—a step now that will benefit Hoosiers for decades. Indiana is affiliated

with and was recently awarded a four year Multi-site Credential by Healthy Families America a program of Prevent Child Abuse America.

I congratulate all those who worked tirelessly in this endeavor and I look forward to future successes of Healthy Families Indiana as those dedicated workers assist Hoosier parents in providing their children healthy and safe environments.

Sincerely,  
Cheryl G. Sullivan, Secretary

## Reaching Families: Screening

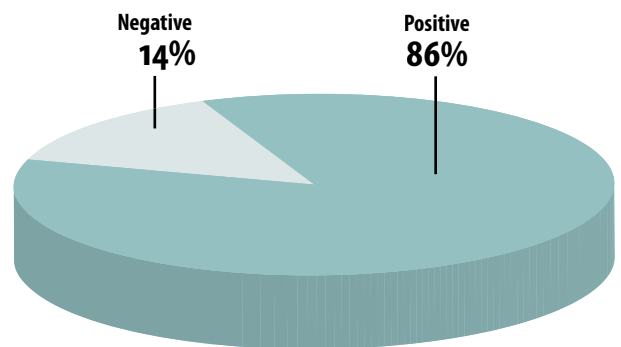
Healthy Families Indiana strives to offer supportive services to at-risk families.

A partnership with the Indiana Hospital Association resulted in 90 hospitals across the state agreeing to help HFI reach more families. In 2003 84,106 Hoosier babies were born. Utilizing a 3-item screen (referral tool) to analyze birth certificate data we estimate that 56% of those birth families would screen positive and could benefit from HFI services. When a family screens positive, with permission, HFI contacts them to assess strengths and needs and link the family to appropriate resources.

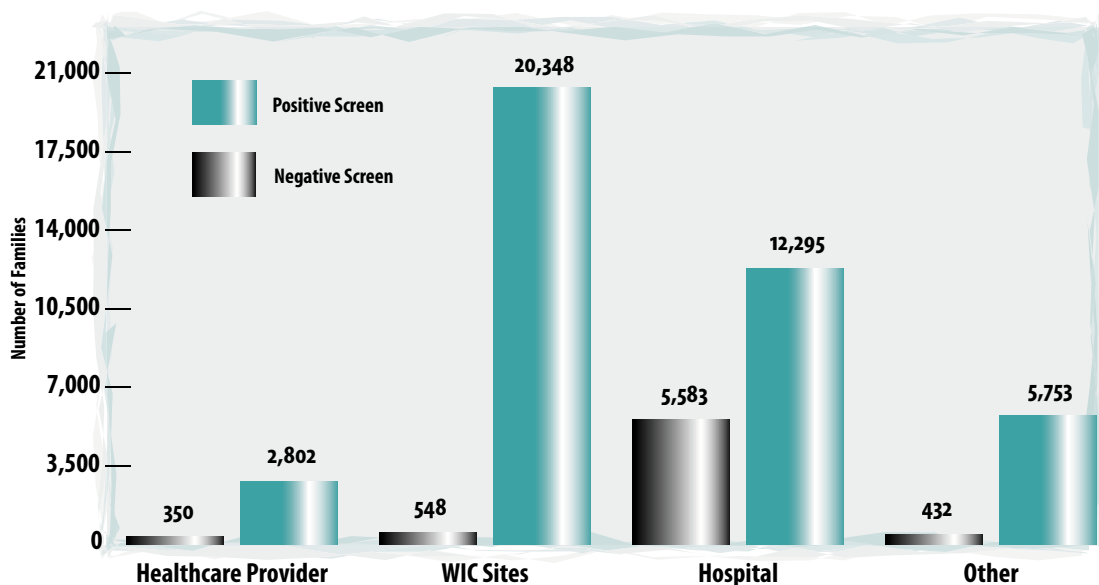
Healthy Families Indiana received 48,111 screens or 58% of all Hoosier births. Of those received, 86% or 41,198 families screened positive, indicating that the family could benefit from HFI services.

Screens received by HFI come primarily from WIC, hospitals and health care providers, with additional screens coming from sources such as schools, social agencies and self-referrals. (see graph below).

Screens Received in FY2003



## Referrals



## Reaching Families: Assessment

In FY2003, 56 Healthy Families sites assessed 15,111 families throughout all 92 counties in Indiana.

Assessment is a service. Families are assessed using a standardized tool to guide a conversational interview. Depending on the results, families are linked to appropriate supportive services in the community.

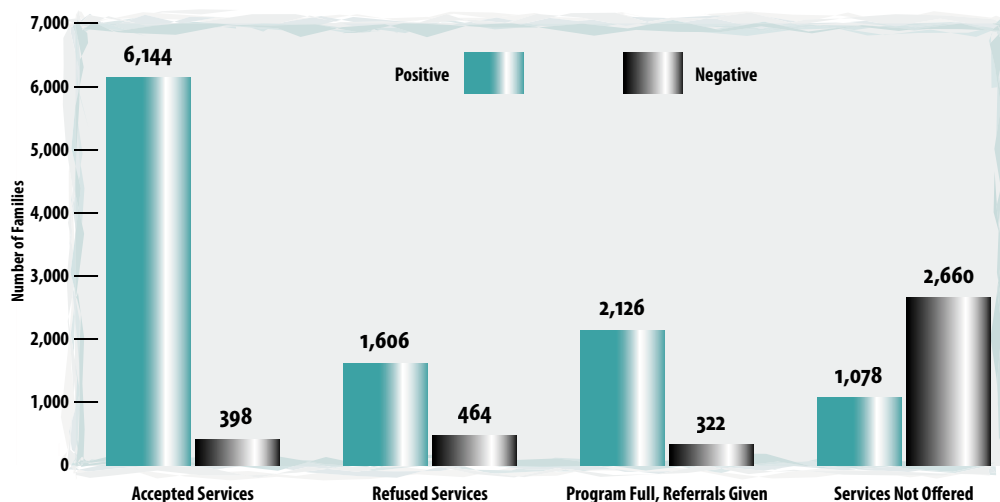
Families who are overburdened and challenged by parenting are offered HFI home visitation, when it is available. If HFI home visiting is not available or acceptable, the family is linked with other resources, such as parenting groups.

About 75% of all assessments indicate a need for services and about half of all assessments are done prenatally.

Of mothers who assessed positive, 43% had less than a high school education; 31% were less than 20 years of age and 73% were not married.

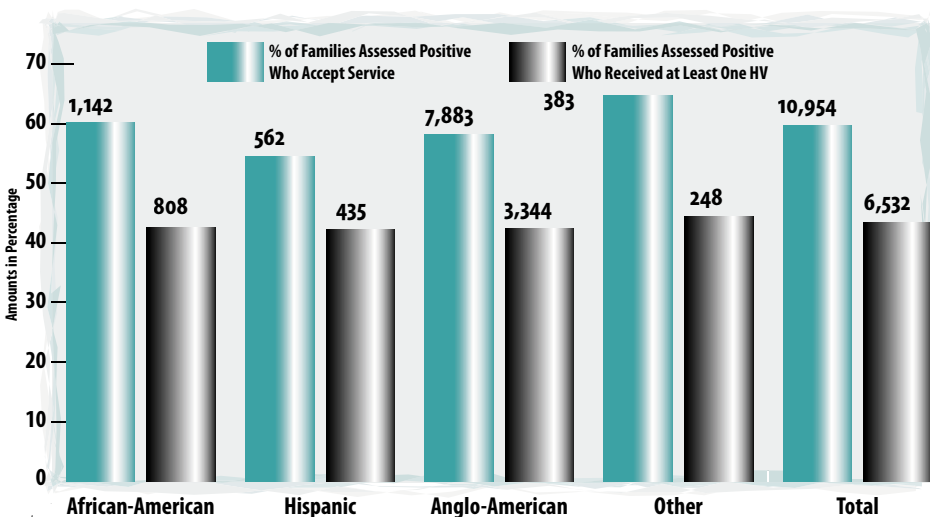
When mothers assessed positive, 56% accepted home visiting services and 15% declined the offer. 19% could not be offered services because the program was full and 10% were not offered Home Visiting (HV) services for other reasons. When mothers assess negative, home visiting usually is not offered, unless there is an overriding clinical reason or the father of the baby assesses positive.

## Outcome of Assessment




## Intake by Ethnicity


Our data has shown that across all ethnic groups nearly the same percentage, 42-44%, of families who assessed positive and initially accepted services choose to continue receiving services. Because HFI is strictly voluntary every effort is made to encourage families to participate but some families choose not to continue to receive services. Of all families offered home visiting services, 60% accepted the offer and 43% had at least one home visit. There were only slight differences among ethnic groups in the percentage of families who accepted HFI services and continued receiving those services.




## Family Progress

Several scales are implemented to help assess and track family progress.

 **The Community Life Skill Scale (CLSS)** measures the family's ability to use community resources. The CLSS was administered to 3,869 families at enrollment and 89% scored above 18, indicating most families are able to access resources.

 **The Difficult Life Circumstances Scale (DLC)** measures the level of stressors and chronic family problems. 3,503 families completed the DLC and 25% scored 6 or above which is considered high risk for poor family, parenting, and childhood outcomes.

 **The Home Scale (HS)** has six sub-scales specifying areas of parent/child relationships and the quality of the home environment. 2,386 families were assessed initially with the Home Scale and 27% scored in the lowest fourth overall. HFI evaluation shows that scores improve when families participate in HFI home visiting (*See the Home Front on the Fact Sheet*).

*(The table below gives the breakdown of Home scores by area).*



Sub-Scale Area	Lowest Fourth	Middle Half	Upper Fourth
Responsiveness	17.73%	46.48%	35.21%
Acceptance	5.66%	51.09%	42.50%
Organization	23.89%	46.69%	26.71%
Learning Materials	47.36%	33.65%	17.44%
Involvement	32.44%	31.64%	34.53%
Variety	18.11%	53.98%	25.90%

## The HFI Program

The HFI Program serves children from birth to 5 years of age. On occasion, the family will have additional children who will also be followed with regards to development. Of the 14,378 children served in the families in the program, the age dispersion may be seen in the chart on the right.

Progress on obtaining immunizations, maintaining medical services and keeping well child visits are tracked for children within program families. The chart below gives the average progress on these benchmarks for all families served in FY2003.

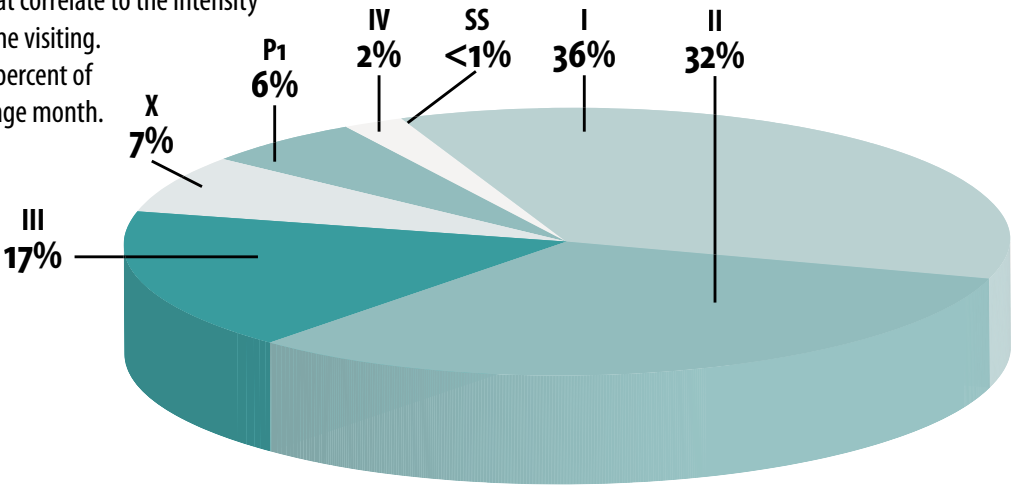
Age of Child	Percent of Total Children Served
Prenatal	5%
0 to 6 months	19%
from 6 to 12 months	20%
from 12 to 18 months	15%
from 18 to 24 months	11%
from 24 to 30 months	8%
from 30 to 36 months	6%
from 36 to 42 months	5%
42 to 48 months	4%

Benchmark	% Meeting
Children with up-to-date in immunizations	92.5%
Children with available medical care	98%
Children keeping well child visits	93.5%



# Families Served

In FY2003 there were a total of 180,851 home visits completed by 868 Family Support Workers (FSWs). These home visits were conducted with 8,555 different families. HFI utilizes a system of service levels that correlate to the intensity of service through the frequency of home visiting. The chart shown on the right gives the percent of families at each service level in an average month.



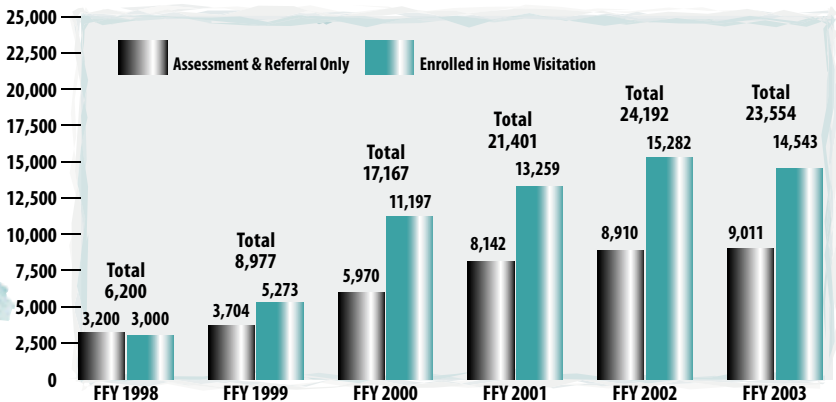
Each service level requires a specific number of visits per month. The chart below details the percent of visits delivered per month to families at each service level. Families at service level I require more frequent home visitation, therefore the 36% of families at level I require 52% of the home visitation per month.



Levels	Percentage of Home Visits per Month
I	52%
II	27%
III	8%
IV	1%
P1	6%
SS	<1%
X	6%



## Number of Families Served by Healthy Families





# Healthy Families Indiana Training & Technical Assistance Project

Under a contract with Indiana University School of Nursing, HFI Training and Technical Assistance Project (HFI T & TAP) provides statewide training, technical assistance/quality assurance, evaluation, in addition to the data monitoring designed and managed by Datatude. This system supports all the HFI sites and is included as part of Indiana's multi-site credential through Prevent Child Abuse America/Healthy Families America.

In FY 2003, 1,755 HFI staff attended 149 HFIT & TAP training events. Initial training was provided for 229 newly hired staff and advanced training for 930, as well as, ongoing training for remaining staff.

Most training events are regionalized and all training is designed to meet the needs of staff with various levels of education and experience.

Sixty-percent of HFI staff hired in 2003 were 26-44 years old and 56% had some prior experience in home visiting. All supervisors have a college degree and 96% of home visitors (Family Support and Assessment Workers) attended college or had a college degree.



## Characteristics of Staff Hired in FY2003

Position	Age				Education			Ethnicity			Home Visit Experience	
	<26	26-34	35-44	>44	High School	Some College	College Graduate	White	Black	Hispanic	YES	NO
<b>FSW*</b>	25%	33%	24%	18%	3%	41%	55%	80%	11%	7%	56%	44%
<b>FAW**</b>	15%	39%	38%	8%	15%	31%	54%	85%	8%	8%	46%	54%
<b>Supervisor</b>	11%	22%	45%	22%	0	0	100%	89%	0	11%	67%	33%
<b>Total</b>	23%	33%	27%	16%	4%	36%	60%	79%	10%	8%	56%	44%

\*Family Support Worker

\*\*Family Assessment Worker

Not all percentages may equal 100% due to rounding.

## The Mission of Healthy Families Indiana

The mission of Healthy Families Indiana is to promote supportive environments that optimize child growth and development and encourage resilient, healthy families.



### State of Indiana

#### Family and Social Services Administration

402 W. WASHINGTON STREET, P.O. BOX 7083  
INDIANAPOLIS, INDIANA 46207-7083

[www.IN.gov/fssa/](http://www.IN.gov/fssa/)

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